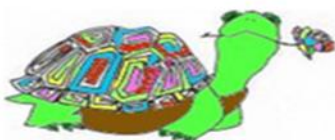


Monday	Tuesday	Wednesday	Thursday	Friday
1 New Year's Day Center is Closed 	2 9:30 Winter Tree Painting 10:45 Jeopardy vs. South Central 11:30 Lunch & Lunch Lotto & 20 Questions 12:00 Strength & Balance Chair Yoga w/ Stephanie 12:00 Senior of the Month Drawing 12:30 Left, Center, Right (Bring Pennies) 	3 No Zumba 9:00-2:00 Yarn Crafters 9:30-11:00 Blood Pressure Checks by Family First 10:00 Po-Ke-No (Bring Pennies) 11:30 Lunch & Lunch Lotto 12:00 Minute to Win it Challenges 	4 9:00-2:00 Yarn Crafters 10:00-1:00 Commodity Supplemental Food Box for Seniors with the Cheese Distribution (Must come inside for your box), Puzzle Packets 11:30 Lunch & Lunch Lotto 12:00-2:00 York Fresh Food Farms Mobile Produce Market 12:00 Salt Painted Snowflakes 	5 9:00 Music Hour 10:15 Bingo by Elite Homecare by Oliver 11:30 Lunch & Lunch Lotto 12:00 Chair Yoga w/ Stephanie 12:30 Wii Winter Bowling League 
8 9:30 Coloring Club 10:00 No Sew Heat Pad 10:30 Virtual Programming: Jeopardy 11:30 Lunch & Lunch Lotto 12:30 Folded Paper Icicles 12:30 Wii Winter Bowling League 	9 10:00 Aetna Birthday Bash 10:30-12 Senior Bingo @ Shiloh Fire Company with West Manchester Township 11:30 Lunch & Lunch Lotto 12:00 Strength & Balance Chair Yoga w/ Stephanie 12:30 Snowflake Suncatcher 	10 9:00-2:00 Yarn Crafters 10:00 AARP Fraud & Scams 10:30-11:15 Zumba Gold® w/ Heather Cintron 11:30 Lunch & Lunch Lotto 12:00 Snow Dough 	11 9:00-2:00 Yarn Crafters 10:00 10:00 Fresh Express & Highmark Wholecare & York City Health Bureau Table Events 11:30 Lunch & Lunch Lotto 12:00-2:00 York Fresh Food Farms Mobile Produce Market 12:00 Snowman Craft w/ Mike Inners 	12 No Chair Yoga 9:00 Music Hour 10:00 Homeland at Home Bingo 11:30 Lunch & Lunch Lotto 12:00 Snowglobes (\$1.00) 12:30 Wii Winter Bowling League 
15 Martin Luther King Day Center is Closed 	16 10:00 Seated Chair Volleyball 11:30 Lunch & Lunch Lotto 12:00 Strength & Balance Chair Yoga w/ Stephanie 12:30 Snowball Baseball 	17 9:00-2:00 Yarn Crafters 10:00 Now You Have It (Bring your purse/bag) 10:30-11:15 Zumba Gold® w/ Heather Cintron 11:00-1:30 STARS Program: Bingo & Lunch @ Hoss's Steak & Seahouse (See Newsletter) 11:30 Lunch & Lunch Lotto & Newsletter Trivia Winner Announced <i>Newsletter Trivia Due</i> 	18 9:00-2:00 Yarn Crafters 9:30 Staff Battle Soup Sale (\$5.00) 10:00 Highmark Wholecare Bingo 11:30 Lunch & Lunch Lotto 12:00-2:00 York Fresh Food Farms Mobile Produce Market 12:00 Jeopardy 	19 9:00 Music Hour 10:00 Winter Bingo (\$1.00) 11:30 Lunch & Lunch Lotto 12:00 Chair Yoga w/ Stephanie 12:30 Wii Winter Bowling League 12:30 Cocoa Sugar Scrub (\$2.00) 
22 9:30 Coloring Club 9:30 Valentine's Day Wreath Workshop Part #1 (\$20, Pay to Reserve your seat. Must sign up) 10:30 Virtual Programming: Family Feud 11:30 Lunch & Lunch Lotto 12:00 Blind Taste Test (\$2.00) 12:30 Wii Winter Bowling League 	23 9:30 Valentine's Day Wreath Workshop Part #2 10:00 Seated Chair Volleyball 11:30 Lunch & Lunch Lotto 12:00 Strength & Balance Chair Yoga w/ Stephanie 2:00-4:00 STARS Program: Needlefelted Snowlady w/ Mary Jane Miller (See Newsletter) 	24 9:00-2:00 Yarn Crafters 9:30 Valentine's Day Wreath Workshop Part #3 10:00 Snowman Painting w/ Lisa (Cost is \$10.00, 8 Seats Available) 10:30-11:15 Zumba Gold® w/ Heather Cintron 11:30 Lunch & Lunch Lotto 12:30 Secret Pal Reveal Party 	25 9:00-2:00 Yarn Crafters 10:00 Fresh Express 11:30 Picnic Lunch & Lunch Lotto 12:00-2:00 York Fresh Food Farms Mobile Produce Market 12:00 February Newsletter 12:30 Name That Tune 	26 9:30 Bingo Mania (Cost: \$0.50 per game, \$0.50 per card. \$2.00 Special Games.) 11:30 Lunch & Lunch Lotto 12:00 Chair Yoga w/ Stephanie 12:30 Wii Winter Bowling League 
29 9:30 Coloring Club 10:00 Family Feud 11:30 Lunch & Lunch Lotto 12:00 Coffee Filter Snowflakes 12:30 Wii Winter Bowling League 	30 10:00 Seated Chair Volleyball 11:30 Lunch & Lunch Lotto 12:00 Strength & Balance Chair Yoga w/ Stephanie 2:00-4:00 STARS Program: Valentine Heart Satche w/ Marti Leader (See Newsletter) 	31 9:00-2:00 Yarn Crafters 10:00 Winter Party Potluck 10:30-11:15 Zumba Gold® w/ Heather Cintron 11:30 Lunch & Lunch Lotto Winner Announced & 20 Questions Winner Revealed 12:00 Senior of the Month Drawing 		



White Rose Senior Center, Inc.
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