

## May 2022 Congregate Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	May 3  Baked Cabbage Casserole w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Cookie	May 4 Stadium Hot Dog 2oz Sauerkraut 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	May 5 Picnic Lunch Ham & Swiss on Rye Lettuce & Tomato Coleslaw Pasta Salad Fresh Fruit Lemonade	Fiesta Chicken Burrito Bowl (3oz Chicken Breast/1oz Salsa .5oz Cheddar Jack) 1/2c Cilantro Lime Rice 1/2c Black Beans 1/2c Mandarin Oranges
w/Parmesan Cream Sauce Fossed Salad with Tomato, Hard Boiled Egg, and Dressing	May 10  Fresh Egg Salad Sandwich Lettuce & Tomato 1/2c Tomato and Cucumber Salad 2 Wheat Bread 1/2c. Cinnamon Applesauce	May 11 Roasted Turkey w/ Gravy 1/2 Mashed Potatoes 1/2c Corn 1 Wheat Bread Cookie	Picnic Lunch	Roasted Pork w/ Apples 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Mini Biscuit w/ Apple Butter Seasonal Fresh Fruit
1/2c Vegetable Rice Pilaf 1/2c Mixed Vegetables	May 17 Meatball Hoagie (4) 1/2c Parmesan Noodles 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit	May 18 Stuffed Pepper Casserole 1/2c Garlic Whipped Potatoes 1/2c Coin Carrots 1 White Bread Fresh Fruit	May 19 Chef Salad 1c Mixed Greens w/ Ham, Tomato, Cheddar, 1/2 Egg 1/2c. Three Bean Salad 1 Dinner Roll 1/2c. Peach Crisp	May 2 Smothered Roast Beef 1/2c Scalloped Potatoes 1/2c Peas & Onions 1 White Bread 1/2c Mandarin Oranges
	May 24 Happy Memorial Day! Cheeseburger Lettuce & Tomato BBQ Butterbeans Macaroni Salad Hamburger Bun Fresh Melon & Ice Cream Cup	May 25 Glazed Ham w/ Raisin Sauce 1/2c Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1/2c Pudding	Picnic Lunch Roast Beef w/ Cheese on Wheat Roll Fruit Juice Broccoli Salad	May a Homemade Tuna Salad Sandwich w/ Lettuce & Tomato 1/2c Three Bean Salad 2 White Bread Seasonal Fresh Fruit
HAPPY MEMORIAL DAY!!!! May 30  MEMORIAL DAY	May 31 Picnic Lunch Ham & Swiss on Rye Lettuce & Tomato Coleslaw Pasta Salad Fresh Fruit & Iced Tea	Alappy Mother's Day	*menu subject to change	Nutrition Nutrition

\*\*\* Served daily: Milk and Margarine