

## July 2022 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><i>* menu subject to change</i></p>			<p><b>4th of July Special!!</b> <span style="float: right;">July 1</span></p> <p>1/2c. Pulled Pork 1/2c. Potato Salad 1/2c Baked Beans Sandwich Roll Watermelon</p>
<p><b>Happy 4th of July!!</b></p> 	<p><b>Picnic Lunch</b> <span style="float: right;">July 5</span></p> <p>Ham &amp; Swiss on Rye Lettuce &amp; Tomato Coleslaw Pasta Salad Fresh Fruit Iced Tea</p>	<p><span style="float: right;">July 6</span></p> <p>1c. Stuffed Pepper Casserole 1/2c Garlic Whipped Potatoes 1/2c Coin Carrots 1 White Bread Fresh Fruit</p>	<p><b>Picnic Lunch</b> <span style="float: right;">July 7</span></p> <p>Sliced Turkey on Whole Wheat Bread Lettuce &amp; Tomato Potato Salad Fresh Fruit Brownie Lemonade</p>	<p><span style="float: right;">July 8</span></p> <p>1/2c. Smothered Roast Beef 1/2c Scalloped Potatoes 1/2c Peas &amp; Onions 1 White Bread 1/2c Mandarin Oranges</p>
<p><b>July 11</b></p> <p>Glazed Ham w/ Raisin Sauce 1/2c Sweet Potatoes 1/2c Peas &amp; Carrots 1 Dinner Roll 1/2c Pudding</p>	<p><b>July 12</b></p> <p>1/2c. Sweet &amp; Sour Chicken w/ 2oz Sauce 1/2c White Rice 1/2c Carrots 1 Wheat Bread 1/2c Mixed Fruit <b>Birthday Cake!</b></p>	<p><b>July 13</b></p> <p>Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 White Bread Seasonal Fresh Fruit Sour Cream</p>	<p><b>July 14</b></p> <p><b>Picnic Lunch</b></p> <p>Chicken Salad w/Lettuce Tomato on Roll Macaroni Salad Pickled Beets Fresh Fruit Cookie Iced Tea</p>	<p><b>July 15</b></p> <p>1/2c. Tuna Salad Sandwich w/ Lettuce &amp; Tomato 1/2c Three Bean Salad 2 White Bread Seasonal Fresh Fruit</p>
<p><b>July 18</b></p> <p>Creamy Chicken &amp; Biscuit (3oz Chicken &amp; 1 Biscuit) 1/2c Mixed Vegetables Fresh Fruit Cookie</p>	<p><b>July 19</b></p> <p>BBQ Pork Ribette 1/2c Sweet Potato Bites 1/2c Green Beans 1 Wheat Bread 1/2c Pineapple Delight</p>	<p><b>July 20</b></p> <p>Cheeseburger w/ Lettuce, Tomato 1/2c Potato Salad 1 Hamburger Roll Seasonal Fresh Fruit</p>	<p><b>July 21</b></p> <p><b>Picnic Lunch</b></p> <p>Roast Beef w Chesse on Wheat Roll Fruit Juice Broccoli Salad Cookie Iced Tea</p>	<p><b>July 22</b></p> <p>Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Mixed Fruit</p>
<p><b>July 25</b></p> <p>Swedish Meatballs (4) 1/2c Rice 1/2c Roasted Brussel Sprouts 1 Italian Breadstick 1/2c Mandarin Oranges</p>	<p><b>July 26</b></p> <p>Grilled Chicken Salad (2oz Chicken, Egg, Cheddar, over 1c Mixed Greens) 1/2c Broccoli Salad 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p><b>July 27</b></p> <p>Pepper Steak w/ 2oz Gravy 1/2c Cabbage &amp; Noodles 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears</p>	<p><b>July 28</b></p> <p><b>Picnic Lunch</b></p> <p>Ham &amp; Swiss on Rye Lettuce &amp; Tomato Coleslaw Pasta Salad, Fresh Fruit</p>	<p><b>July 29</b></p> <p>Hawaiian Pork Loin 1/2c Buttered Noodles 1/2c Island Blend Vegetables 1 White Bread Strawberry Shortcake w/ 1/2c Strawberries</p>