York County

December

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition Nutrition	*menu subject to change based on availability			Chicken Cobb Salad (2oz Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c. Pickled Diced Beets 1 Dinner Roll 1 Piece Cake
4	5	6	7	8
1c. Winter Beef Stew	Sweet & Sour Meatballs(4)	1c. Stuffed Pepper Casserole	Picnic Lunch	Baked Meatloaf w/ Gravy
1/2c Mixed Vegetables	1/2c. Rice	1c Tossed Salad	Tuna Salad on a Wheat Roll	Baked Potato w/ Margarine
Cornbread	1/2c Oriental Blend Vegetables	1/2c Coin Carrots	Fruit Juice	1/2c Peas
1/2c Sliced Apples	1 Wheat Bread	1 White Bread	Cucumber Salad	1 White Bread
	Seasonal Fresh Fruit	1/2c Pudding	Cookie Milk	Seasonal Fresh Fruit
11	12			=
Burgundy Glazed Meatballs (4)	Grilled Chicken Salad	BBQ Chicken Breast	Picnic Lunch	1/2c. Open Faced Turkey Sandwich
1/2c Rice	(2oz Chicken, 1oz Cheddar, over	1/2c Sweet Potatoes	Italian Sandwich	w/ Gravy
1/2c Mixed Vegetables	1c Mixed Greens w/ Tomato)	1/2c Green Beans	Lettuce & Tomato	1/2c Whipped Potatoes w/ Chives
1 Wheat Bread	1/2c Three Bean Salad	1 Dinner Roll	Coleslaw	1/2c Corn
1/2c Pears	1 Dinner Roll	Seasonal Fresh Fruit	Pasta Salad	1 White Bread
	1/2c Gelatin		Fresh Fruit Milk	1 Cookie
18	19	Christmas Special! 20	21	22
1/2c. Pot Roast w/ Gravy	Chicken Parmesan	1/2c. Roast Turkey w/ Gravy	Salisbury Steak w/ Gravy	Maple Mustard Salmon
1/2c Parsley Potatoes	w/ 1oz Shredded Cheese	1/4c Homemade Stuffing	Baked Potato w/ Margarine	1/2c Parmesan Garlic Noodles
1/2c Coin Carrots	1/2c Rotini w/ Sauce	1/2c Whipped Potatoes	1/2c Green Beans	1/2c Peas
1 Italian Bread	1c Tossed Salad w/ Tomato	1/2c Seasoned Peas & Carrots	1 Wheat Bread	1 Wheat Bread
1/2c Peach Crisp	1 Garlic Breadstick	Dinner Roll	1/2c Gelatin	Seasonal Fresh Fruit
	1/2c Mixed Fruit	Apple Pie		NEW
25	26	27	28	29
	Chicken Marsala w/	Stadium Hot Dog	Turkey Chef Salad	Happy New Year!
MEDRY	2oz Mushroom Sauce	1/2c Cheesy Potatoes	(2oz Turkey, 1oz Cheddar, over	Pulled Pork w/ 2oz Sauerkraut
CHDISTMAS	1/2c. Blended Rice	1/2c Green Beans	1c Mixed Greens w/ Tomato)	1/2c Whipped Potatoes w/ Chives
STRIGHTING	1/2c Carrots	1 Hot Dog Roll	1/2c Pickled Beet Salad	1/2c Mixed Vegetables
	1 Breadstick	1/2c Pineapple & Mandarin Oranges	1 Wheat Bread	1 Wheat Bread
	1/2c Applesauce		1/2c Fruited Gelatin	Applesauce cake