



## December 2019 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>December 2</b>	<i>December Birthdays</i>	<b>December 3</b>	<b>December 4</b>	<b>December 5</b>
Salisbury Steak with 2 ounces Onion Gravy 1/2 cup Cabbage and Noodles 1/2 cup Diced Carrots Wheat Bread 1/2 cup Pineapple Delight	BBQ Pulled Pork Sandwich (1/2 cup) 1/2 cup Seasoned Potatoes 1/2 cup Coleslaw Sandwich Roll  <i>Birthdays Cake</i>	Breaded Fish Square 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes Whole Grain Dinner Roll Fresh Fruit	Chicken Caesar Club with Lettuce, Tomato, and Cheese 1 cup Creamy Broccoli Soup with Crackers Sandwich Roll 1/2 cup Blushed Pears Condiments	Baked Ziti (3/4 cup) with Meatballs (3) with Marinara Sauce and Cheese Topping 1 cup Tossed Salad with Cucumber and Dressing Garlic Breadstick 1/2 cup Mixed Fruit Salad
<b>December 9</b>	<b>December 10</b>	<b>December 11</b>	<b>December 12</b>	<b>December 13</b>
Sweet and Sour Roasted Pork Loin 1/2 cup Blended Rice Pilaf 1/2 cup Green Beans Whole Grain Dinner Roll 1/2 cup Mixed Fruit	Chicken and Biscuit (1 cup) 1/2 cup Pepper Slaw Whole Grain Buttermilk Biscuit 1/2 cup Warm Peaches	Baked Meatloaf Marinara with Mozzarella Cheese Topping 1/2 cup Garlic Whipped Potatoes 1/2 cup Parmesan Corn Wheat Bread 1/2 cup Banana Pudding	Open Faced Hot Turkey (3 ounce slice) Sandwich with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables White Bread 1/2 cup Applesauce	Smokey BBQ Burger with Cheddar Cheese, 1 ounce BBQ Sauce, 1 Tablespoon Crispy Onions 1 cup Creamy Cauliflower Soup with Crackers Sandwich Roll Fresh Seasonal Fruit
<b>December 16</b>	<b>December 17</b>	<b>December 18</b>	<i>Holiday Special</i>	<b>December 19</b>
Lemon Pepper Chicken with Gravy 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread Fresh Fruit	Porcupine Ball (1) with 2 ounces Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Carrots White Bread Sherbet	Chicken Taco (3 ounces) with Sour Cream, Taco Sauce, and Lettuce 1/2 cup Seasoned Corn and Black Beans Soft Tortilla Shell Fresh Fruit	Chicken Cordon Bleu with Gravy 2 ounces Homemade Stuffing 1/2 cup Whipped Potatoes 1/2 cup Peas and Carrots Dinner Roll Boston Crème Pie	Center Cut Pork Loin with 2 ounces Gravy 1/2 cup Whipped Sweet Potatoes 1/2 cup Lima Beans White Bread 1/2 cup Sliced Apples
<b>December 23</b>	<b>December 24</b>	<b>December 25</b>	<b>December 26</b>	<b>December 27</b>
Swedish Meatballs (4) over 1/2 cup Egg Noodles 1/2 cup Peas Wheat Bread 1/2 cup Mixed Fruit Salad	Pot Roast with Gravy (1 ounce) 1/2 cup Whipped Potatoes 1/2 cup Sliced Carrots Italian Bread Cookie		Mushroom Cheeseburger 1 cup Creamy Potato Soup with Crackers Hamburger Roll Fresh Fruit	Mango BBQ Chicken Breast 1/2 cup Brown Rice 1/2 cup Coleslaw Wheat Bread 1/2 cup Warm Apple Cranberry Crisp
<b>December 30</b>	<b>December 31</b>			
Pulled Turkey with Gravy (1/2 cup) 1/2 cup Whipped Potatoes 1/2 cup Carrots Whole Grain Dinner Roll 1/2 cup Applesauce	Warm Ham and Cheese Sandwich (2 1/2 ounces Ham and 1/2 ounce Cheese) 1 cup Creamy Tomato Bisque with Crackers Sandwich Roll Fresh Fruit			

\*\*\* All meals are subject to change \*\*\*  
\*\*\* Served daily: 8 ounces Milk and 1 tablespoon Margarine \*\*\*