Monday	Tuesday	Wednesday	Thursday	Friday
Wioriday		wednesday	Thursday	
No ZUMBA Gold	2 10:00 Dominique's Smiles (Mini	9:00 A Fiber Frenzy: Colonial	9:00-1:00 Knitting Club	<u>5</u> 9:15 Wii Bowling
9:00 Wii Bowling	Therapy Horse) 11:00 Scribble Challenge Handout	Pennsylvania Dutch Hand Towel Class #3 10:00 Blood Pressure Checks w/	10:00-1:00 Commodity Supplemental Food Box for Seniors	10:00 Po-Ke-No (Bring your
9:30 Bruce's Bible Study 10:00 UNO	11:30 Lunch & Ice Cream Sale	Family First Health	with the Cheese Distribution (Must	pennies)
11:30 Lunch & 20 Questions	(\$1.00)	No Zumba Gold	come inside)	11:30 Lunch 12:00 Chair Yoga by Stephanie
12:00 Left, Center, Right (Bring	12:15 Dime Pitch (Bring your	11:30 Lunch 12:00 Watermelon Garland Craft	10:00-12:30 York Fresh Food Farms Mobile Market	POKENOZ
your Pennies)	dimes!)	Spirit Day: Celebrate National	11:30 Picnic Lunch FRRARRIII	
2:00 Zoom: Virtual Jeopardy	National Ice Cream Sandwich Day	Watermelon Day: Wear your green & pink	12:00 Jeopardy	
8	9	10	11	12
9:00 Wii Bowling	10:00 Apples to Apples	9:00 A Fiber Frenzy: Colonial	9:00-1:00 Knitting Club	9:15 Wii Bowling
9:30 Bruce's Bible Study 10:00 Snapchat Fun	10:30-12 Bingo @ Shiloh Fire Hall w/ West Manchester Township	Pennsylvania Dutch Hand Towel Class #4	10:00 York City Health Bureau Table Event	10:00 Minnich's Pharmacy Let's
	11:30 Picnic Lunch & Birthday	10:00 Table Event	10:00 Fresh Express (Must be a White	Talk About Meds (Ice Cream Provided)
Heather Cintron		& Game w/ Highmark	Rose Senior Center Member &/or a Broad	11:30 Lunch & Return Scribble
	Challenge Handouts	10:00 S'mores Sale (\$1.00) 10:30-11:15 Zumba Gold® w/ Heather	Park Manor Resident. Bring a Cart/Bags. Must be able to carry your own items from	Challenge Handouts
	12:00 Friendly Feud	Cintron	nside. Tables will be called in RANDOM	12:00 Chair Yoga by Stephanie
12:00 Chair Volleyball		11:30 Lunch & Return Scribble	order) 10:00-12:30 York Fresh Food Farms Mobile Market	2
₩ii¥	1 5 1 5 1 5 1 5 1 5 1 5 1 5 1 5 1 5 1 5	Challenge Handouts	(Cradit/Dahit/Cash/SNAD/ERT)	Minnich's
Bewling		12:00 National S'mores Day: Make a S'mores Paper Craft	11:30 Picnic Lunch	PHARMACY
15	16	17	18	19
9:00 Wii Bowling		9:00 A Fiber Frenzy: Colonial Pennsylvania Dutch Hand Towel Class #5	Field Day: Spirit Day	9:15 Wii Bowling
9:30 Bruce's Bible Study 10:00 Bubble Painting	Course Presented by Wellspan 10-12:00 York Vo-Tech Nursing	10-12:00 York Vo-Tech Nursing	(Wear your appropriate Beach Attire)	10:00 Active Shooter
I	Students	Students	9:00-1:00 Knitting Club 9:30 Baseball Game	Presentation by Roque 10-12:00 York Vo-Tech Nursing
	11:00 Scribble Challenge Voting	<u>10:30-11:15</u> Zumba Gold® w/		Students
<u>10:30-11:15</u> Zumba Gold® w/	11:30 Lunch (York County	Heather Cintron	Mohile Market	11:00 Scribble Challenge Voting
	Birthday Meal)	11:00 Scribble Challenge Voting	10-12:00 York Vo-Tech Nursing	11:30 Lunch
11:00 Scribble Challenge Voting	12:00 Yahtzee	11:00-1:30 STARS Bingo and Lunch at Hoss's Steak & Seahouse	Students	12:00 Chair Yoga by Stephanie
11:30 Lunch 12:00 Baseball Game	\supset	11:30 Lunch	10:30 Turtle Race 11:00 Scribble Challenge Voting	Ω
	\cup	12:00 Wii Bowling	11:30 Lunch	
SYMBA	-		12:00 Beach Volleyball	Ý SON
22	23	24	25	26
	9:45 Bingo by Homeland at Home w/		9:00-1:00 Knitting Club	9:15 Wii Bowling
	Barbara Goll 11:30 Lunch	10:00 Table Event & Game w/ Highmark	10:00 Fresh Express (Must be a White Rose Senior Center Member &/or a Broad	New \$1.00 Unisex Gift)
10:30-11:15 Zumba Gold® w/	12:00 Friendly Feud	10:30-11:15 Zumba Gold ® <i>w/</i>	Park Manor Resident. Bring a Cart/Bags.	11:30 Lunch
Heather Cintron	2:00-4:00 STARS Program: Paisley	Heather Cintron	Must be able to carry your own items from Inside. Tables will be called in RANDOM	12:00 Chair Yoga by Stephanie
11.00 Ochibble Challenge Voting	Chicken Gourds w/ Marti Leader	11:30 Lunch & Newsletter Trivia	order)	
11:30 Lunch & Scribble Challenge Voting Winner		Winners Announced	10:00-12:30 York Fresh Food Farms Mobile Market	Q
Announced	JER BRIDAY	11:30 September Newsletter/Calendar	(Credit/Debit/Cash/SNAP/EBT)	9
12:00 Price is Right		12:00 Wii Bowling	11:30 Picnic Lunch	
		Newsletter Trivia Due		u K
29	30	31	1	
9:00 Wii Bowling 9:30 Bruce's Bible Study	9:00 Nail Painting	9:00 Sugar Scrub	/	ilst
9:30 DIY Face Mask	10:00-11:00 Self-Care for the Caregiver Program by Karen	10:30-11:15 Zumba Gold® w/ Heather Cintron	- + 1 h (LIAT
10:30-11:15 Zumba Gold ® w/	Stauffer (Community Hospice)	11:30 Lunch & 20 Questions		
Heather Cintron	11:30 Lunch	Winner Revealed		
	<u>12:00</u> Jeopardy	12:00 Beaded Necklace	Door	
11:45 Rest & Relaxation Hour			Prizes	Della Co.
2:00 Zoom: Virtual Friendly Feud			SATURDAY 8/2	0 CASH BINGO
i cau	ICEDADD III			AM STARTS: 12:30 PM
	JEOPAROY!	711A.DA		lable for Purchase! e Tickets - \$15.00
	ACAI LIIJA J.	ZVMBA	Tickets at the	Door - \$20.00
			(Includes 6 Cards; Extra 9	Strips \$3.00 or 2 for \$5.00)

