

December

12/2 Monday 9:30 Deck The Halls Decorating The Center

12 Days 'Til Christmas Spirit Days

12/9 Christmas Socks

12/10 Christmas Pajamas

12/11 Red, White, & Green

12/12 Ugly Sweater Day

12/13 Elf Attire

12/16 Gingerbread Man Attire

12/17 Christmas Jewelry

12/18 Christmas Hats

12/19 Pretty Christmas Sweater

12/20 Christmas Formal

12/10 Tuesday 9:00 Coffee & Caroling

12/19 Thursday 10:30-12 Christmas Party w/ Special
Guests, Mr. & Mrs. Claus

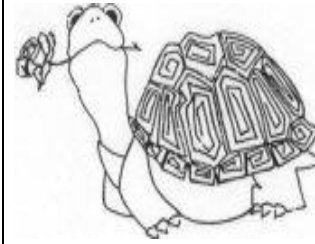
12/20 Friday 10:00 Music & Mocktails

12/24 Tuesday 9:00 What's Your Elf Name?

12/25 Center is Closed. Merry Christmas!

12/30 12:45 Simplistic Artistry: New Year's Eve Fireworks
Painting

12/31 12:00 Dropping of the WRSC Turtle & Toasting to the
New Year!



THE ROSE

27 South Broad Street

York PA 17403

717-843-9704

Monday-Friday 8:00AM-4:00PM

www.whiteroseseniorcenter.org

Vol. VI No. 12 December 2019

Turn the newsletter over to see this month's highlights!





Christmas Box Raffle at White Rose Senior Center

27 S. Broad St., York, PA 17403
843-9704

**Come and Buy Raffle Tickets for Fabulous Gifts!
Ten (10) Packages Will Be Available to Select From!**

Raffles Are:
1 for \$1.00
6 for \$5.00
An Arms Length (17 tickets) for \$10.00



**Place Your Raffle Ticket(s) in the small box in front of
the Wrapped Package anytime from**

December 9th through December 20th (8:00-4:00)



**On December 20th, during lunchtime, we will draw
the winners of each box!**



**All of the boxes have a prize valued from
\$30.00 to \$100!**



This is open to the public...tell your friends and family!

These will make great gift items too!

WRSC Supper Club

We will resume next year in

January 2020!

Wrapping Workshop

A Special Service for Our WRSC Members...Bring your gifts into WRSC that need to be wrapped. Our busy elves will be glad to decorate your packages! Drop them off with a staff member and complete the form so we know what belongs to you!

This fun service will begin 12/4/19 and end on 12/20/19!

WRSC is not responsible for lost or broken items.

Sunshine Group

Mike Inners & Eileen Wood have established a group of people who reach out to individuals who are hospitalized or sent to Nursing Homes or Rehab Centers here in York, for an extended stay. If you are interested in being a part of this, please see Mike, Eileen, or a Staff Member. It will be your responsibility to let

WRSC know you are in the hospital, rehab center, or nursing home (for an extended stay) by calling us. Every attempt will be made to get to you! (They will be meeting the first Thursday every *other* Month. Meeting in July). The

following items are needed:

*New Pens, Wet Wipes, Combs, Chapstick,
Decks of Cards (Dollar Tree has them 2/\$1)*

The Knitting Club

We offer free lessons for knitting and crocheting every Tuesday and Friday from 10:00 am until 2:00 pm. Equipment and yarn for one project will be provided, free of charge (hat or scarf). A lending library is now available for any member of White Rose Senior Center to borrow knitting needles, crochet hooks, round looms or straight looms, without charge! See Ruth Frey or Barbara Kahler.

Please give our New
Bilingual Program
Coordinator

Brendaliz Gonzalez a

Warm Welcome!

Estoy muy
emocionada de
poder ser parte de la
familia de WRSC,
estamos a sus
disposición para
ayudarles en todo lo
que este a nuestro
alcance.



A Huge **Thank You** to everyone who volunteers and serves our center in any capacity. Your time and dedication does not go unnoticed!

A BIG SHOUT OUT TO:

- Those who participated in the **Thanksgiving Raffle**. We raised \$165!
- The Knitting Club for bringing in \$649 at the **Knitting Bazaar** on November 8th! Your loving fingers & talent is much appreciated by all of the WRSC Members!
- Those who helped make the November 16th **Cash Bingo** the BEST we have ever made...over \$2900!

We Warmly Welcome Our Newest Members!

Claire Kattar
Hugh Mosley
Pilar Martinez
Vanessa Marquez
Manuel Antonio Villa
Michael Bowser
Carole Plowman
James Potter
Lugenia Kittrell

Bert Ford, Jr.
Randolph "Lauren" Bloss
Rachael Krylowicz
Virgenmina Villarini-
Santiago
Pablo Cancel
Mercedes Cancel
Sharon Fager



White Rose Senior Center Staff

Lisa Krout, Executive Director

Nicole Strassman, Program Coordinator

Brendaliz Gonzalez, Bilingual Program Coordinator

Jenna Wray, Assistant Program Coordinator

Elba Zambrano, Food Service Worker & Cleaning Specialist

Chotz Grove, Customer Service

Cheri Bowersox, Bookkeeper

Karen Phillips-Spriggs, Senior Companion



Lunch Lotto will be played Naughty or Nice style. There will be two Houses (Santa's Workshop and A Gingerbread House) one marked NAUGHTY and one marked NICE (inside!). If your name is drawn, you will get to select which house you are opening. Whichever is chosen will reveal if you've been naughty or nice. If NAUGHTY, you split the pot with the Center, if NICE, you get the whole pot!

Co-Pilot Incentive: Stocking Stuffers!

For every day that the entire table is signed in properly, a gift will be added to your stocking. First table to fill their stocking will win!

- A) Pre-Registered for Lunch
- B) Signed in for Lunch
- C) Seated for Lunch

Winning Table will get to go first for lunch for the entire month of January!

CHECK OUT THE STARS Continued



Fairy House Pincushion

Learn to make this cute pincushion using wool roving and a special barbed needlefelting needle. Mary Jane Miller will guide you through the steps to make this useful and fun decorating accessory.

No needlefelting experience is needed.

Supplies: Car Wash Sponge , Scissors

Date: Tuesday, February 18, 2020 (2:00 – 4:00 pm)

Location: Wastewater Treatment Plant, 3501 North Sherman Street

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 20 Participants



Bingo and Lunch Aroma Buffet & Grill

White Rose Senior Center and Springettsbury Township offer "Bingo" at Aroma Buffet & Grill. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date: Wednesday, February 26, 2020 (11:00 – 1:30 pm) Location:

Aroma Buffet & Grill – 2801 E. Market St, York, PA 17402 Cost:

\$5.00 payable to Springettsbury Township prior to the class for bingo. (No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately \$7.20 buffet, \$1.50 beverage; 15% gratuity charged to groups of 8 or more)

CHECK OUT THE STARS Continued

Needlefelted Hedgehog

Learn to needlefelt this adorable little hedgehog known to his friends as "Hedgy P. Hog". Mary Jane Miller will teach you simple needl felting techniques. No skill in felting is needed.

Supplies: Car Wash Sponge , Scissors

Date: Tuesday, January 28, 2020 (2:00 – 4:00 pm)

Location: Wastewater Treatment Plant, 3501 North Sherman Street

Cost: R-\$10 NR-\$15 Payable to Springettsbury Twp. Prior to Class

Maximum for Class: 20 participants



Heart Tote Bag

Marti Leader will show us how to make this great tote bag that says "Love Life". This is just the perfect bag to put a Valentine Gift in for someone special! It is very fun and easy and all you use is the eraser of a pencil to create the design! You're going to LOVE It!!!

Date: Tuesday, February 4, 2020 (2:00-4:00 PM)

Location: Wastewater Treatment Plant, 3501 North Sherman Street

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 12 Participants



CHECK OUT THE S.T.A.R.S. PROGRAMS

Springettsbury Township and White Rose Senior Center are proud to bring you a variety of classes to adults 50 and over. "S.T.A.R.S." stands for "Senior Time Activities for Residents of Springettsbury", although any person, 50 and over, are welcome to attend. You must register prior to the classes with Springettsbury



Township. Folded Star on an 8" Hoop

Marti Leader will kick off the STARS Program for 2020 by showing us how to make a Folded Star on an 8" hoop. You will cut and fold the material and then hand stitch to make the "summerset star". This project will make a lovely wall hanging or gift for someone special.

Supplies: 1 yard of printed fabric, ¾ yard of a complimenting plain fabric, scissors. Marti will provide the needles, thread, backing and hoop.

Date: Tuesday, January 14, 2020 (2:00 – 4:00 pm)

Location: Wastewater Treatment Plant, 3501 North Sherman Street

Cost: R-\$10 NR-\$15 Payable to Springettsbury Twp. prior to class

Maximum for Class: 12 Participants

January Food Holidays!

Three great (not so well known) holidays take place this week! Let's celebrate National Cheese Lover's Day, National New England Clam Chowder Day, and International Hot & Spicy Day all in one class! Deb Bixler will reveal Spicy-Fruity Glazed Chicken, Mexican Hot Chocolate, Cheesy Grit Casserole and more! Samples and recipes will be shared.

Date: Wednesday, January 22, 2020 (2:00 – 4:00 pm)

Location: Commonwealth Fire Company

Cost: R-\$10 NE-\$15 Payable to Springettsbury Twp. Prior to Class

Maximum for class: 30 Participants

Thank you to those who donated items for **Operation Gratitude.**

For December, we will all be encouraged to participate in the Kindness Calendar!
Each day, a specific act of kindness will be listed that you can join in on!

NEEDED: If you are interested in donating items this month, we could use: Styrofoam plates (for seconds), Styrofoam take-out containers (for take home), Lysol Foam Max Bathroom Cleaner, Dish Soap, Toilet Bowl Cleaner and Lysol Wipes.

After going through the lunch line, seconds will be distributed (if there are leftovers). You cannot take HOME (take home container) with your SECONDS helping. SECONDS are meant to be eaten HERE. If you are interested in donating money for Take Home containers, please see a Staff Member. If containers stop being provided, we will begin charging. Thank you to those who provide money for take home containers!!!

Secret Pal Reminder: This is such a fun project but PLEASE don't forget to send your Secret Pal a card on the Holidays and their Special Days. They are counting on YOU to Treat Them Right!

Please **DO NOT tell other people who you have or tell others who have them.**

This spoils a lot of the fun for everyone. Remember, it is a SECRET until January 2020 at the Reveal Party!

Fresh Express Produce

This is a program from the Central PA Food Bank in Harrisburg that we have been participating in since December 2011. White Rose Senior Center Members and Broad Park Manor Residents are eligible to participate in this program. Please remember to bring a BAG or CART with you to carry your items home.

Fresh Express Recipients Reminders

PLEASE READ!!!

This program is a courtesy to all of you and we are happy to provide it. HOWEVER, there have been some issues that we need to address. Please be kind to the Volunteers and the Staff when going through the line. Show respect to everyone! We do not know what is being sent ahead of time from the Central PA Food Bank. Sometimes they do not send enough of some items for everyone, so we have to make adjustments on what is to be distributed throughout the distribution. Everyone gets food so there is no need to be ugly and cause problems. If you are not being "NICE", you will get a warning by a staff person. If you get an additional warning (so 2 warnings), you will be banned from the Fresh Express Program permanently. DO NOT come up and form a line for "Seconds" until a staff person announces that you can do that. The staff person will call you up randomly by the table names so have a seat and wait for your table name to be called. This is a safety concern and warnings will be issued if this is not followed too. Two warnings and you are banned from the program! Beginning in June 2018, you will not be able to get food from the Fresh Express Program for a friend or family member unless you are their proxy.

Fresh Express – Beginning on July 11, 2019 we will be offering a more extensive program for Fresh Express. It is called BONUS/TEFAP. We will still call it Fresh Express but you will notice some "extra" foods will be sent. **WHAT DOES THIS MEAN TO YOU AND WHAT DO YOU HAVE TO DO TO GET THIS?** On the first day of this distribution, you will have to complete a "Self Declaration of Need" form. You will print your name and address on the form and circle how many people are in your household and the total income amount plus sign the form. We also will ask you the ages of all of the people in your household. This will be good for 1 year and then you will need to complete it every July. Any new members will complete this throughout the year.

We will keep these on file and create a spreadsheet so we know we are getting everyone who is eligible. WHO IS ELIGIBLE? Persons who are 60 and over and members of White Rose Senior Center as well as the people in Broad Park Manor high-rises.

Fresh Express

Este es un programa del Banco Central de Alimentos de PA en Harrisburg en el que hemos estado participando desde diciembre de 2011. Los miembros de White Rose Senior Center y los residentes de Broad Park Manor son elegibles para participar en este programa. Recuerde llevar una BOLSA o un CARRITO para llevar sus artículos a casa. Recordatorios de Recipientes Fresh Express

¡¡¡POR FAVOR LEE!!! Este programa es una cortesía para todos ustedes y nos complace brindarlo. SIN EMBARGO, ha habido algunos problemas que debemos abordar. Por favor sea amable con los Voluntarios y el Personal al pasar por la línea. Mostrar respeto a todos! No sabemos qué se envía con anticipación desde el Banco Central de Alimentos de PA. A veces no envían suficientes elementos para todos, por lo que tenemos que hacer ajustes en lo que se distribuirá en toda la distribución. Todos obtienen comida, así que no hay necesidad de ser feo y causar problemas. Si no está siendo "AGRADABLE", un miembro del personal recibirá una advertencia. Si recibe una advertencia adicional (es decir, 2 advertencias), quedará excluido del Programa Fresh Express de forma permanente. NO aparezca y forme una línea para "Segundos" hasta que un miembro del personal anuncie que puede hacerlo. El miembro del personal lo llamará aleatoriamente por los nombres de las mesas, así que siéntese y espere a que se llame a su nombre. Este es un problema de seguridad y se emitirán advertencias si esto no se sigue también. ¡Dos advertencias y queda excluido del programa! A partir de junio de 2018, no podrá obtener alimentos del Programa Fresh Express para un amigo o familiar a menos que sea su representante. Fresh Express: a partir del 11 de julio de 2019, ofreceremos un programa más extenso para Fresh Express. Se llama BONUS / TEFAP. Todavía lo llamaremos Fresh Express, pero notará que se enviarán algunos alimentos "adicionales". ¿QUÉ SIGNIFICA ESTO PARA USTED Y QUÉ DEBE HACER PARA OBTENER ESTO? El primer día de esta distribución, deberá completar un formulario de "Autodeclaración de necesidad". Imprimirá su nombre y dirección en el formulario y marcará con un círculo cuántas personas hay en su hogar y el monto total de ingresos, además de firmar el formulario. También le preguntaremos las edades de todas las personas en su hogar. Esto será bueno por 1 año y luego deberá completarlo cada mes de julio. Si no está aquí el 11 de julio, lo completará el 25 de julio. Cualquier miembro nuevo completará esto durante todo el año.



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Commodity Box Update:

You must pick up your box by the 20th of each month! (Or final business day prior to the 20th); After the 20th, no boxes will be distributed until the following month's distribution. You will no longer be able to pick up the previous month's boxes.

¡Debes recoger tu caja el día 20 de cada mes! (O último día hábil antes del día 20); Después del día 20, no se distribuirán cajas hasta la distribución del mes siguiente. Ya no podrás recoger las cajas del mes anterior.

stART Something ARTS IN EDUCATION:

Around The World with Judeth Hawkins. For this 19

day residency the participants at WRSC will learn about and “travel” to different countries through a variety of art projects in multiple art forms. By “traveling” to India, China, Mexico, Middle East and Western Europe, participants will have the opportunity to explore a variety of indigenous art forms. The destinations will be sequenced to move through the calendar on different holidays and festivals.

(10:00-11:30)

December 3: No New Year

celebration is complete without firecrackers! We will make some decorative Chinese firecrackers with a rolled paper technique.

December 10: With a nod to France we will learn how to weave a tapestry.

December 17: Quilts represent cultures from many countries around the world. We will design and create quilt squares from felt.

NEWS YOU NEED TO KNOW:

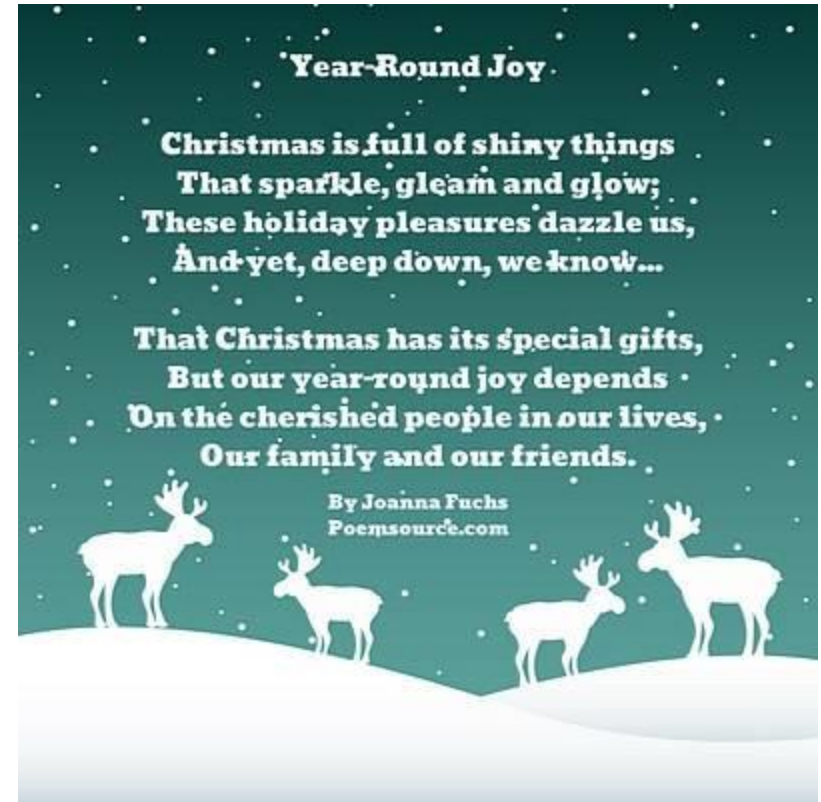
Each month there are new people that join the senior center so we want to address information and policies that WRSC has on various issues. This month we will address the following topic – **In case of inclement weather**, the Center may be closed. If we are closed, we will have it aired on WGAL8 TV (channel 3 for most people) or ABC27 (channel 6 for most people). We have a new phone system so we will let you know how to reach a message if you call into the Center ASAP! The phone number is 717-843-9704. We will also have a post on our Face Book page. If we are open, please use your own discretion as to whether you want to come to the center or not. We appreciate when you are here; however, your safety is our number one concern. *If in doubt, don't come out.*



Fresh Express

The dates for this program are Thursday, January 9, 2020 and Thursday, January 23, 2020 from 1:00-3:00. (No Fresh Express in December due to our Christmas Box Fundraiser!)

Bring your cart or bags and Volunteers are Always Needed and Appreciated!



Personal Care Home Project

White Rose Senior Center has been asked to provide programming once a week to two local Personal Care Homes, Marissa's Corner and Hunter Cottage. We began the project the 3rd week in October and have had the great pleasure to meet some wonderful new friends! Maybe these folks would like to join in the fun at WRSC too!

The program is funded by a grant with ALPHA – Healthy York County Coalition. Dianna Benaknin is the Case Management Consultant with Wellspan Health who is steering the project. Thank you Dianna for asking us to help bring a smile to our Personal Care Home friends!

Aunt Truley

December

Dear Hon,

Our lesson on Sunday was about doors opening for us and the choices we have to make every day. Well, I thought what in the world does this have to do with someone like me. Ok, I was thinking that is mostly for young people. I don't have so many choices to make, not like the youngsters. Worrying about what kind of cereal, Cheerios or Raisin Bran, don't count for much!

Most days I'm just happy to get up and out for a bit let alone worrying about choices.

Next thing I know I'm hearing about Christmas and it hit me like a hammer that we do have lots of doors open for us and choices to make every day if we think about it and keep our eyes open.

Yep, we go to the store, the door opens without putting a hand on the handle. Then we walk through and see a young momma with some little ones. Seems we can keep going fast (sometimes my fast ain't so fast) or give out a smile when the toddler says Merry Christmas. I always warms my heart when a little one tries their best to get out those two words. It sounds something like Maywee Queesmus and something about it is just the sweetest sound.

The next thing you know there is some slow moving older fellow hunting something in the baking aisle and another door is open. We can ask "whatcha looking for" or just pass by without a thought.

When I took a minute to ask that fellow what he was looking for he told me about his wife passing and he needed some vanilla. He wanted to try baking some sugar cakes for his grandchildren because his wife always had some ready when the kids came to

visit. He told me about the year she burned a batch and I shared that I burned more than one cookie in my life too. We had a chuckle about that. It just took a minute or two to walk through that door but I'm sure happy that I did. He walked away with the vanilla and was humming to himself, smiling, with a tear but remembering the love of his life. He turned around then to thank me for helping him. Such a little thing but I felt blessed that I was put on that path. Hope his sugar cakes turn out real good.

So Hon, I guess my Chirstmas wish to you, your family and all the fine folks at White Rose is to keep your head up and your eyes open. Keep looking for the doors that are on your path. The good Lord gives us endless doors to open and walk though. And, each door is filled with opportunities to live a life sharing the love that he has for each and every one of us. Give a smile, share a little time listening to a story, and pass on the love that we feel especially at Chirstmas. Then remember to keep it going all year long.

That big old star is a shining for all of us and showing us the way.

Uncle Hap, old dog Shep and that lazy cat sleeping by the fire send their love and best wishes out to you and all of the gang at WRSC.

My very best blessing to you Hon. I hope that you, your family and friends, old and young alike have a few spare moments to enjoy the wonder of the season a coming your way.

Merry Christmas with a sleigh full of love and shining stars. Aunt Truley



Disclaimer: The views, thoughts, and opinions expressed by Aunt Truley are merely for humor. This does not reflect White Rose Senior Center's beliefs or ideas.